

**List of all previously published instructions on Blogger  
 (Teaching 1 – 28 (I.) ; 29 – 55 (II.); 56 – 82 (III.); 175 – 207 (VII.) of 366; 277 - 282 (X.)  
 283 - 309 (X.) will follow soon  
 Volume IV, V, VI, VIII, IX, XI, XII are not yet available in english**

<b>Book of True Life - Volume I.</b>	
Teaching 1	<a href="https://annamariahostaenglish.blogspot.com/2018/11/btl-volume-1-teaching-1.html">https://annamariahostaenglish.blogspot.com/2018/11/btl-volume-1-teaching-1.html</a>
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<b>Volume IV, V and VI are not yet available</b>	
<b>The Book of True Life - Volume VII</b>	
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